



## Body Eloquence: The Power of Myth and Story to Awaken the Body's Energies

By Nancy Mellon, Ashley Ramsden, Donna Eden

Energy Psychology Press. Paperback. Book Condition: new. BRAND NEW, Body Eloquence: The Power of Myth and Story to Awaken the Body's Energies, Nancy Mellon, Ashley Ramsden, Donna Eden, Have you ever had an ache or pain, and wished your body could talk to you and tell you what was wrong? You are not alone! Master storyteller Nancy Mellon has guided scores of people through the process of giving their bodies a voice. Drawing from mythology, medicine, biology and energetic healing, she finds the essential stories that characterise each organ of the human body, and trains us how to use these resources to identify the messages that our organs are communicating to us. The heart, for instance, is not just a durable pump, sending oxygenated blood to every cell. It's also a representation of goodwill; a heart-to-heart connection, or an open-hearted friend, are universal stories we can all identify. But a hard-hearted person is one we all avoid. These archetypes are found in mythologies from Native American traditions to Scandinavian tribes to Greek history, and are woven together in a fascinating matrix in this book, showing how our organs are part of our psyche, our history, and our collective mythology.



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### Reviews

*This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Natalie Abbott**

*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be playful, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

-- **Rene Olson**

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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso's groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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