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Treating Trichotillomania

By Martin E. Franklin

Springer Nov 2010, 2010. Taschenbuch. Book Condition: Neu. 235x155x12 mm. This item is printed on demand - Print on Demand Neuware - There is still scant clinical information on trichotillomania. This book fills the need for a full-length cognitive-behavioral treatment manual. The authors share their considerable expertise in treating body-focused repetitive behavior disorders (not only hair-pulling but skin-picking and nail-biting as well) in an accessible, clinically valid reference. This is the first comprehensive, clinical, and empirically-based volume to address these disorders. Trichotillomania has been described in the literature for at least a hundred years, but has only in the past decade received serious clinical attention. Although now a 'higher profile' disorder, there is still scant clinical information on trichotillomania. A full-length cognitive-behavioral treatment manual, Treating Trichotillomania (TTM) fills that need. Designing the book for maximum usefulness, authors Franklin and Tolin share their considerable expertise in treating body-focused repetitive behavior disorders (not only hair-pulling but skin-picking and nail-biting as well) in an accessible, clinically valid reference. Treating Trichotillomania carefully defines TTM, differentiating the disorder from other conditions such as OCD, reviewing the varied clinical forms it can take, and setting out its diagnostic criteria. Treatment chapters are not one-size-fits-all, but offer...



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A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

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