



Trance-Portation: Learning to Navigate the Inner World

By Diana L. Paxson

Red Wheel/Weiser. Paperback. Book Condition: new. BRAND NEW, Trance-Portation: Learning to Navigate the Inner World, Diana L. Paxson, The ability to move from the ordinary into an altered state of consciousness is one of the most valuable skills in both magic and religion. From the ceremonial magician to the shaman, using trance work to explore inner realms is essential to the magical process of healing, transcendence and wisdom desired throughout diverse occult and spiritual traditions.

"Trance-Portation" offers a comprehensive and multi-spirited way to enter the inner realm. Blending the modern world with the ancient arts, "Trance-Portation's" first three chapters, Travel Planning, Crossing the Threshold, and Getting Started, offer preparatory suggestions including meditations and relaxations, breathing, warding, shifting gears, and returning. Drawing on examples from varied traditions, from Western Mystery to Native American, Ancient Celtic to Eastern Mysticism, and peppered with folk lore and tales from popular science fiction stories, "Trance-Portation" explores spiritual journey work extensively, offering readers the chance to find their own ways into the inner realm, encounter their own guides and fellow travellers, and create divine relationships with the deities and gods and goddesses that they meet. From the book: 'We are all born with the potential to use...



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Reviews

Unquestionably, this is actually the greatest function by any author. I was able to comprehend every little thing using this created e ebook. Its been printed in an remarkably straightforward way which is merely following i finished reading this ebook in which in fact altered me, alter the way i think.

-- **Arianna Witting**

An exceptional book as well as the font used was exciting to read. It is actually rally intriguing through reading time. You will not sense monotony at anytime of the time (that's what catalogues are for about when you ask me).

-- **Crystel Hagenes**